

# The 2 Steps



{a ridiculously simple system for solving sibling conflict}

STEP 1: Ask nicely.

This **may** solve the problem.

There are **NO** other options here (hitting, yelling, etc).

If Step 1 does not solve the problem, proceed to Step 2.

STEP 2: Get adult help.

Adult asks, "Did you do Step 1?" If not, go back to Step 1.

If yes, the adult asks the **other** child, "How can we solve this problem?"

If necessary, the adult offers solution options.

The adult chooses the solution if the children cannot.

## Pro Tips:

- Remind kids to "Follow the Steps" today.
- Point out when the kids do the steps well and the blessings of treating each other with kindness.
- Have set consequences when they choose meanness instead of Step 1.

